



Message from the President

Dolores Steinwall | December 2021

HAPPY HOLIDAYS AND A WONDERFUL NEW YEAR

Dear Members,

It has been another busy year and we have achieved much success this year and I wanted to share gratitude for all the things that were made possible. At this time of year and with COVID restrictions, it is so very easy to be despondent and have negative thoughts. I wanted to focus on all the positive things and the success we have had.

Virtual Fundraiser: We have reached our target for 2021 Compassion Fund and will be accepting applications from our therapists. Watch for details in January.

Thank you to our all participants and donors.

- Maddie Simone - Lymphedema Awareness Network LaSalle Windsor Essex County LE Walk
- Diane Lieder - Lymphedema Awareness Chatham-Kent
- Rob Caparelli - Team Luigi
- Dolores Steinwall - Walk with Dee 2021
- Janet Vanderveen
- Alla Haroon - Ontario Lymphedema Challenge
- Julia Prosperi and Danielle Kowal - Challenge Lymphedema Sudbury
- Lymphedema Compassion Fund support
- Mary Zawadzki - Supporting Lymph Warriors
- Team Markham Lymphatic Centre

There were also a number of donations to the General funds - thank you for your generosity, we could not do it without you.

We would like to thank the Hewlett family for donations "In Memory of Mike Hewlett". Our thoughts and prayers go out to you.

Thanks to Sigvaris and Medi, who made it possible for LAO Members to participate in the Canadian Lymphedema Framework's most recent conference.

We have partnered with iMD to place Lymphedema content in their libraries so that all professionals, therapists, nurses, doctors, and pharmacies can easily access information and share with their patients. This will help raise awareness. More details will be shared in January.

At the same time we are launching our therapist support group and welcome ideas from our members. Please give us some feedback as to what you would like to have. We would like to run this as a "Mentor" group, where experienced therapists can help therapists with complex cases.

We are working on finalising the 2022 Resource Directory and it will be mailed out in early March.

We will continue to run the Patient Support group monthly - this is a very popular event and we are requesting therapists to sign up with us, to present and facilitate a call - just email admin@lymphontario.ca with your preferred month and time.

We are also continuing to run our webinars monthly. Check your emails and our website for details.

- January - Sigvaris
- February - Essity
- March - 3M

Did you know you can access our Corporate sponsors website and product catalog from our home page - just click on their logos!

We also wanted to share a presentation that we made at the Sunnybrook "Florence Winberg Educational series" on Managing Lymphedema. Please click [here](#) and then on the **Managing your Lymphedema** tab.

Sincerely,



Dolores Steinwall

President of The Lymphedema Association of Ontario



Member Stories

Please continue to send us your stories so we can include in our e-newsletters.