



LYMPHEDEMA
ASSOCIATION OF
ONTARIO

2021 E-VOLUME 3

October 2nd, 2021



Message from the President

Dolores Steinwall | October 2021

Dear Members,

I am excited to communicate that we launched our Challenge Lymphedema Virtual and in person fundraiser September 20th - to October 18th, 2021 thanks to the hard work of planning and organisation by Board Director, Janet Vanderveen. As I write this note, we have approximately two more weeks to go and we have reached the half way point of our goal of \$20,000. In simple terms, this allows the Compassion Fund to offer approved applicants \$500-\$800 dollars for approx 6 treatments and information on self management, for what is a lifelong condition. Please keep in mind that the funds are paid to LAO therapists after completion of treatment. Without these funds we would not be able to offer this program.

[Donate on Our Fundraiser Page](#)

In 2020/2021 we were also able to provide a Complimentary membership to the LAO for applicants for 1 year, thanks to the generosity of the "Nickie Wight" family. Our administration costs are approx 10-12%, paid to Canada Helps and other administration and limited prizes.

We have three more webinars designed for some fun and to keep you motivated as you do your chosen activity during the Challenge. Visit our website for the details. You wont want to miss our Final Concert on October 28th, 7-8pm - we will do our final draws for prizes at this time as well.

[Happening Soon \(Oct 12\) Yoga with Andrea - \(click to register\)](#)

[Click to View Upcoming Webinars](#)

Our next regular webinar will be presented by 3M November 17th - please check our website as details are posted.

We are launching a "Therapist Membership Drive" to encourage new members to join our organisation. We are stronger when we band together to work on the problems faced by the LE community. Effective October 1st to December 31st, 2021, we are offering a 50% discount on our therapist membership for one year, to all new and graduating members of CDT and MLD training and also to existing therapists who are non-members. Please visit our website for the details.

[More Membership Drive Information](#)

Recently some of our board members have been sharing their stories of how they developed lymphedema and how it is affected their lives. Click below to view Janet V's story.

[Janet V's story](#)

We also have our Platinum sponsors listed on the LAO homepage - click on their logos to go directory to the company website!

Sincerely,

Dolores

Member Stories

Please continue to send us your stories so we can include in our e-newsletters.
