



# Lymphedema Matters

Association of Ontario

Summer 2017 | Ontario Resources

Volume 20 Issue 3

## Second Annual World Lymphedema Day

Thank you to everyone who took part in promoting the second annual World Lymphedema Day (WLD), observed on March 6, 2017. If you missed our outreach, be sure to check out our website [Lymphontario.ca](http://Lymphontario.ca) or our social media channels.

Special thanks to Steve Kelland for your ongoing support and dedication to sharing awareness about lymphedema, as evidenced by the City of Ottawa declaring March 6 as World Lymphedema for the second time, and to Pam Monarch whose outreach prompted the City of Brantford to also provide a proclamation.

Planning for the next WLD is already underway, and we will be sure to share lessons learned so we can create further awareness across cities in Ontario in 2018.

Also, if you haven't had a chance, there's still plenty of time to sign the Lymphatic Education and Research Network's (LERN) petition to designate



Ottawa, CANADA, "World Lymphedema Day, 2017, Proclamation" – City Hall ceremony photo: (right) Mayor Jim Watson presenting to (left) Canada MALE (Male Advocate for LymphEdema) Steve Kelland, and (centre – spouse) Elaine McArdle, representing The Lymphedema Community, including its all-important "supporters" element!

"Lymphedema: Awareness & Cures" as the World Health Organization's 2018 World Health Day Campaign! Go to <http://lymphaticnetwork.org/> for more information.

By Liisa Morley ■

### Make Noise for Lymphedema



Watch and share this encouraging video of Ontario student researcher Catharine Bowman for **World Lymphedema Day 2017**. It is full of hope and inspiration ■

### Call for Volunteers and Board Members

As a volunteer-run organization, the LAO is always looking to expand its capacity with board members and volunteers with professional skill sets in fundraising, event management, administration, finance, healthcare management, and communications. If you want to be part of a dedicated group of volunteers personally affected by lymphedema, who want to increase awareness for this life-altering condition, please contact us describing your skill set and where you think you would be able to offer your support. We are also interested in hearing ideas from the medical community regarding the establishment of a medical advisory committee. ■

## Lymphedema Matters Has Gone Digital



To provide more accessible digital resources, our quarterly newsletter insert *Lymphedema Matters* is now available to read on our website, along with an archive of previous issues.

You can find *Lymphedema Matters* in "LAO News" under "Home" on our Website.

Do you have an important story to share with the lymphedema community? Submit it!

Are you a Professional or Corporate Member? Consider sponsoring an advertorial in a future issue.

# LAO Shares Awareness at 4th Annual Oncology Day



Charlotte Schultz at LAO Oncology Day Booth with doctors and other health care professionals in the oncology community.



Please be aware of our **new mailing address:**

3044 Bloor St. W., Suite 299  
Toronto, ON M8X 2Y8 Canada

[info@lymphontario.ca](mailto:info@lymphontario.ca)

416-410-2250 | 1-877-723-0033



In Ontario, the *Pathways* magazine and the *Lymphedema Matters* newsletter insert are distributed by the Lymphedema Association of Ontario

On March 29, 2017 the LAO had the pleasure of hosting an informational booth at the Mississauga Halton Central West Regional Cancer Program's 4th Annual Oncology Day: Partnering for Better Care.

Held at Lionhead Golf & Conference Centre in Brampton, the event brought together oncology medical professionals under one roof and was a great opportunity to share

awareness about lymphedema with our medical community.

Thank you to our advocacy co-chair Charlotte Schultz and our project manager JoAnne Raditz for their time and efforts in making this an effective opportunity to engage with the oncology community. ■

Pencil in the early afternoon of  
**Sunday, September 24, 2017**  
for the

## LAO 2017 AGM & LE Awareness Walk!

More details to be communicated closer to the date.  
**We hope to see you there!**